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Welcome to DIPS,

The syllabus of PSYCHOPATHOLOGY has been specially and skillfully curated by taking into consideration the syllabus of counselling and clinical psychology of different Universities like SPPU (Pune University), Mumbai University Christ University etc • IGNOU. To make sure that you are able to not just learn but also achieve your goals through that learning the syllabus also covers entrances like • NET • Phd entrances • M.phil entrances • UPSC Optional. Along with these, the syllabus is also a part of the Diploma Course.

After the completion of this subject, you will be able to,

1. Understand and have an in-depth knowledge of the subject
2. Application based skill set and learning that will help you grow in any field that you choose.
3. Relate the subject to many practical and real-life based scenarios and experiences.

UNIT 1

INTRODUCTION TO PSYCHOPATHOLOGY

1. What is Psychopathology- History of Psychopathology, ICD and DSM Normal to Abnormal
2. Causes of Psychopathology, Biological, Psychological, Social
3. What is case history? What is MSE, Presenting a case history and MSE, Importance of a good case history
4. Childhood disorders - Introduction, Intellectual disorders, Communication disorders, Learning disorders and Motor disorders
5. Remedial measures

UNIT 2

PART 1

1. Anxiety Disorders - What is anxiety? Types of Anxiety Disorders, What is a Panic attack?, Phobias, Remedial measures
2. What is Trauma? PTSD, Stressor related disorders, Remedial measures
3. Dissociative Disorders - Discussion, DID - Case analysis, Fugue and Amnesia
Depersonalisation vs. Derealisation
4. Obsessions and Compulsions -The logic behind it, Other related disorders, Remedial measures
5. Case analysis

UNIT 3

PART 2

1. Schizophrenia - Etiology of Schizophrenia, Positive and Negative symptoms, Hallucinations and Delusions
2. Mood disorders - Introduction, Causes, Depressive disorders, Bipolar disorders, Remedial measures
3. Somatic Disorders- Types of somatic disorders, Etiology, Remedial measures
4. Eating disorders- Types of eating disorders, Causes, etiology, Therapy approach for eating disorders
5. Case analysis

UNIT 4

PART 4

1. Substance Abuse, Addiction disorders, Depressants, Stimulants, Hallucinogens
2. Neurocognitive disorders, Mild and Major, Dementia, Delirium Alzhiemers, Parkinsons
3. Sexual disorders - Introduction and Causes, Types of sexual disorders, Paraphiliac disorders - Introduction and Causes, Types of paraphiliac disorders
4. Personality Disorder- Cluster A, Cluster B, Cluster C
5. Case analysis

Kindly note :

Any pointer that a teacher or any student feels is important and needs to be discussed will be taken during the lectures depending on the need and the necessity.



Books to read :

1. DSM 5 Sarason, I.G, & Sarason, R.B. (2002). Abnormal psychology: The problem of maladaptive behavior (10th ed.). Delhi: Pearson Education.
2. Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). Abnormal Psychology, 13th Edn. Pearson Education, India.

All the books and resources will be provided to students

This subject will be taught by Aishwarya Kale.

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