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Welcome to DIPS,

The syllabus of PERSONALITY THEORIES has been specially and skillfully curated by taking into consideration the syllabus of different Universities like SPPU (Pune University), Mumbai University, Christ University etc

- IGNOU and also to make sure that you are able to not just learn but also achieve your goals through that learning the syllabus also covers entrances like • NET • Phd entrances
- M.phil entrances • UPSC Optional.

After the completion of this subject, you will be able to,

1. Understand and have an in-depth knowledge of the subject
2. Application based skill set and learning that will help you grow in any field that you choose.
3. Relate the subject to many practical and real-life based scenarios and experiences.

UNIT 1

THEORIES OF PERSONALITY I

1. Sigmund Freud
2. Carl Jung
3. Alfred Adler , Karen Horney
4. Erik Erikson
5. Other Neo-Freudian Approaches - Object Relations

UNIT 2

THEORIES OF PERSONALITY II

1. Ivan Pavlov, John Watson
2. B. F. Skinner, Albert Bandura
3. Albert Ellis, Aaron T. Beck
4. Kelly's constructive alternativism
5. Dollard & Miller, Julian Rotter

UNIT 3

THEORIES OF PERSONALITY III

1. G. Allport
2. Raymond Cattell -Theory
3. Hans Eysenck Theory
4. Ocean Model - Theory
5. Cross cultural Issues in Personality,
Self-Report Inventories in
Personality: An Introduction

UNIT 4

THEORIES OF PERSONALITY IV

1. Abraham Maslow
2. Carl Rogers
3. Frankl and Rollo May
4. Erich Fromm
5. Projective Assessments in Personality -
Rorschach and Thematic Apperception Test
(TAT)

Kindly note :

Any point that a teacher or any student feels is important and needs to be discussed will be taken during the lectures depending on the need and the necessity.



Books to read :

1. Schultz, D.P & Schultz, E.S. (2005). Theories of personality. Delhi: Thomson Wadsworth.
2. Hall, C.S., Lindzey, G., & Campbell, J.B. (2007). Theories of Personality. 4 th Edn. Wiley: India.

All the books and resources will be provided to students

This subject will be taught by Vaishnavi Saravanaprasad & Siddhida Kabara.

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